

## **Golf & Yoga Retreat**

Date	Time	Activity	Location
February 6			
	7:30 AM	Breakfast	Fresh
	8:30 AM	Yoga	Hilton Rose Hall
	10:00 AM	Driving Range	Driving Range
	12:30 PM	Lunch	Student's Choice
	2:00 PM	Tee Time	Cinnamon Hill Golf Course
February 7			
	7:30 AM	Breakfast	Fresh
	8:30 AM	Yoga	Hilton Rose Hall
	10:00 AM	Driving Range	Driving Range
	12:30 PM	Lunch	Student's Choice
	2:00 PM	Tee Time	Cinnamon Hill Golf Course
February 8			
	7:30 AM	Breakfast	Fresh
	8:30 AM	Yoga	Hilton Rose Hall
	10:00 AM	Short Game	Cinnamon Hill Golf Course
	12:30 PM	Lunch	Student's Choice
	3:00 PM	Catamaran Tour	Dreamer Catamaran Tours
February 9			
	7:30 AM	Breakfast	Fresh
	8:30 AM	Yoga	Hilton Rose Hall
	10:00 AM	Driving Range	Driving Range
	12:30 PM	Lunch	Student's Choice
	2:00 PM	Tee Time	Cinnamon Hill Golf Course
February 10			
	7:30 AM	Breakfast	Fresh
	8:30 AM	Yoga	Hilton Rose Hall
	10:00 AM	Driving Range	Driving Range
	12:30 PM	Lunch	Student's Choice
	2:00 PM	Tee Time	Cinnamon Hill Golf Course
	6:30 PM	Group Dinner/Closing Remarks	Three Palms



Hilton Rose Hall Montego Bay, Jamaica